

Drawing the Human Figure

Syllabus, May 2020

Instructor Information

Instructor

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General Information

Description

Learn a step-by-step artistic breakdown of the major muscle groups and how to translate human anatomy into geometry and lines.

The students will be presented with video and slide presentation with various examples from each section.

Expectations and Goals

The students will be shown various materials from different sources to get a thorough idea of each section. From this, it is expected to follow the instruction materials, practice the exercises in their sketchbook, and also practice on their own with life drawings they choose outside of class.

By the end of the course, the students should be able to understand and draw the geometric relationships between muscle groups and the human form.

Required Materials

Online classes will require computer hardware

- pencil and eraser
- Sketchbook

Lessons

Head and Face The foundation of drawing humans from life. Proportion and universal principles of anatomy and design.

Action and Gesture More foundational exercises on how to create the illusion of dynamic, natural movement with lines.

Chest and Back The muscle groups of the chest and back

Shoulders Geometry of the neck and shoulders

Hips The “shoulders of the legs”, and how to visualize this complex section of the body

Limbs, p1 The arms.

Limbs, p2 The legs.

Hands and Feet The best for last!

Final: Figure It Out Life drawing from photos exercises

8-9 Weeks	Topic
Head and Face	The foundation of drawing humans from life. Proportion and universal principles of anatomy and design.
Action and Gesture	More foundational exercises on how to create the illusion of dynamic, natural movement with lines.
Chest and Back	The muscle groups of the chest and back
Shoulders	Geometry of the neck and shoulders.
Hips	The “shoulders of the legs”, and how to visualize this complex section of the body.
Limbs, p1	The arms.
Limbs, p2	The legs.
Figure It Out!	Life drawing from photos exercises.

Additional Information and Resources

Resources

Presentation taking content from drawing and anatomy books and magazines, courtesy of the Little Fish Library. Plus entertaining Youtube professional drawing tutorials with live examples of their technique.